



Stephanie Rawlings-Blake

Mayor

Summer Programs

June 1, 2016-August 31, 2016



BALTIMORE CITY
RECREATION & PARKS

“Recreation is for everyone”

Therapeutic Recreation

BALTIMORE CITY



Program Registration:

- Information and registration: *Bob Signor, (410) 396-1550 or robert.signor@baltimorecity.gov*
- Visit bcrp.baltimorecity.gov, [facebook.com/recnparks](https://www.facebook.com/recnparks) or twitter.com/recnparks to keep up to date on all things Rec and Parks!
- Program schedule is subject to changes, including the addition of new programs. For the most up to date schedule, please visit <http://bcrp.baltimorecity.gov/Recreation/TherapeuticRecreation.aspx>

Therapeutic Recreation Program Guide

Baltimore City Recreation & Parks Therapeutic Division welcomes and encourages individuals with and without disabilities to participate in recreation programs.

Therapeutic Recreation programs provide skill development, leisure education, recreation participation, fine motor skill development and refinement, as well as, a creative outlet for individuals with various disabilities. The programs also encourage peer socialization among participants in order to nurture relationships and strengthen social skills.

Many of the programs also provide participants with the opportunity to improve their cardiovascular and muscular systems through physical activity. The Fitness and Wellness programs work to enhance participants' motor coordination through dance, arm and leg movements and stretching. Programs offered as a partnership program with Special Olympics of Maryland also help participants to build upon their ability to work with others in a team setting.

OUTDOOR AND NATURE PROGRAMS

Canoeing

Learn the basic skills required for canoeing and get out on the water! No experience in canoes or swimming required but you must not be afraid of the water. A separate waiver form is required for this program. Additional details will be provided after registration. If participants are registered for this program and unable to attend, payment is still required unless notification is given at least 48 hours prior to program beginning. Program is weather dependent.

Dates/Sessions:

#001: Friday: Aug. 12

#002: Wednesday: Aug. 17

Time:

10:00 am - 12:00 pm

Age:

Adults with disabilities

Cost:

\$5 per person per session

Location:

Middle Branch Park



Fishing

Get outside and learn to fish! Fishing poles and bait will be provided. Bring a lunch and feel free to stay and enjoy Patterson Park after the conclusion of the session. Program is weather dependent.



Dates/Sessions:

#003: Monday: Aug. 8

#004: Friday: Aug. 19

Time:

10:30 am - 12:00 pm

Age:

Adults with disabilities

Cost:

Free

Location:

Patterson Park

Nature Education Program - “Cold Blooded Clues”

Program introduces participants to the fascinating world of reptiles. Live turtles, snakes, and lizards will be available for an up-close look at these interesting creatures. If participants are registered for this program and unable to attend, payment is still required unless notification is given at least 48 hours prior to program beginning.

Date/Session:

#005: Thursday: Aug. 18

Time:

11:00 am - 12:00 pm

Age:

Adults with disabilities

Cost:

\$5 per person

Location:

Carrie Murray Nature Center



Nature Education Program - “Edible Landscape”

Learn all about edible plants. The program includes a hike through the woods in search of edible plants that will be used for a snack. If participants are registered for this program and unable to attend, payment is still required unless notification is given at least 48 hours prior to program beginning.

Date/Session:

#006: Tuesday: Aug. 9

Time:

11:00 am - 12:00 pm



Age:

Adults with disabilities

Cost:

\$5 per person

Location:

Carrie Murray Nature Center

Rawlings Conservatory and Botanic Gardens Tour

Come explore the Rawlings Conservatory and Botanic Gardens with a guided tour. Discover distinct environments that allow the display of plants from all over the world.

Date/Session:

#007: Monday: Aug. 15

Time:

11:00 am - 12:00 pm

Age:

Adults with disabilities

Cost:

\$4 per person

Location:

Rawlings Conservatory & Botanic Gardens



Rawlings Conservatory and Botanic Gardens - Horticultural Education Program

Explore the diversity of plants with guided instruction and a hands-on planting activity, including a take-home plant.

Date/Session:

#008: Thursday: Aug. 11

Time:

11:00 am - 12:00 pm

Age:

Adults with disabilities

Cost:

\$4 per person

Location:

Rawlings Conservatory & Botanic Gardens



SOCIAL PROGRAMS

TR Disco

Come socialize and dance the day away at a themed dance party! Lunch (pizza) and beverages are included. If participants are registered for this program and unable to attend, payment is still required unless notification is given at least 48 hours prior to program beginning.



Date/Session:

#009: Friday: Jun. 3: Luau

Time:

10:30 am - 1:30 pm

Age:

Adults with disabilities

Cost:

\$8 per person

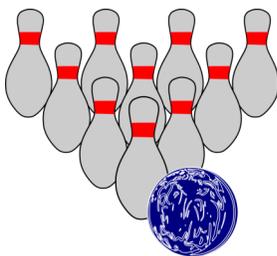
Location:

Farring Bay Brook Recreation Center

SPORTS & WELLNESS PROGRAMS

Duckpin Bowling

Two-hour duckpin bowling session that includes shoe rental, a slice of pizza or a hot dog, and a 12 oz. fountain drink. If participants are registered for this program and unable to attend, payment is still required unless notification is given at least 48 hours prior to program beginning.



Date/Session:

#010: Wednesday: Aug. 10

#011: Tuesday: Aug. 16

Time:

11:00 am - 1:00 pm

Age:

Adults with disabilities

Cost:

\$10 per person per session

Location:

Glen Burnie Bowl

CHILDREN'S PROGRAMS

Camp Variety

Camp Variety is a day camp for children with disabilities, with an allotment of spaces for children without disabilities (to promote inclusion of all youth). The mission statement of the camp is to provide children with and without disabilities with life enriching social, wellness, and recreational programs in a safe, inclusive environment.

Date/Session:

#012: Monday - Friday: Jun. 20 -Jul. 15
(no session Jul. 4)

Time:

9:00 am - 3:00 pm

Age:

Children ages 5 - 12 with and without disabilities

Cost:

\$300 for entire four week session

Location:

Farring Bay Brook Recreation Center



Camp Variety Before and After Care

Before and after care program for children in Camp Variety.

Dates/Session:

#013: Monday - Friday: Jun. 20 - Jul. 15
(no session on Jul. 4)

Time:

8:00 am - 9:00 am &
3:00 pm - 5:00 pm

Age:

Children ages 5-12 with and without disabilities

Cost:

\$20 per week (\$80 for entire four week session)

Location:

Farring Bay Brook Recreation Center

Camp Variety Teens

Camp Variety is a day camp for children with disabilities, with an allotment of spaces for children without disabilities (to promote inclusion of all youth). The mission statement of the camp is to provide children with and without disabilities with life enriching social, wellness, and recreational programs in a safe, inclusive environment.

Dates/Session:

#014: Monday - Friday: Jul. 18 - Jul. 29

Time:

9:00 am - 3:00 pm

Age:

Children ages 13-17 with and without disabilities

Cost:

\$200 for entire two week session

Location:

Farring Bay Brook Recreation Center



Camp Variety Teens Before and After Care

Before and after care program for children in Camp Variety Teens.

Dates/Session:

#015: Monday - Friday:
Jul. 18 - Jul. 29

Time:

8:00 am - 9:00 am &
3:00 pm - 5:00 pm



Age:

Children ages 13-17 with and without disabilities

Cost:

\$20 per week (\$40 for entire two week session)

Location:

Farring Bay Brook Recreation Center

End of Summer Fun Week

End your summer with TR Division staff members. Program includes in-house activities at Farring Bay Brook Recreation Center and three field trips

Date/Session:

#016: Monday - Friday:
Aug. 22 - Aug. 26

Time:

8:00 am - 5:00 pm

Age:

Children with and without disabilities ages 6-16

Cost:

\$75 for entire one week session

Location:

Farring Bay Brook Recreation Center



Stephanie Rawlings-Blake

Mayor

Baltimore City Recreation and Parks'

Mission Statement



BALTIMORE CITY
RECREATION & PARKS

“To improve the health and wellness of Baltimore through quality recreational programs, preserving our parks and natural resources, and promoting fun, active lifestyles for all ages.”